



AT School

PROGRAMME



Little Cooks Club At School Programme is a derivative of the original Little Cooks Club programme, and is endorsed by occupational therapists. It creates an opportunity for parents that work full time to expose their children to the Little Cooks Club principles through their extra-mural activities at school.

Children learn to cook in teams, which is a great way for them to make friends and build their confidence. There's no pressure involved in our cooking lessons, the emphasis is on having fun while discovering a few basic kitchen techniques and the fundamentals of cooking.

Open classes are held once a term, giving the children an opportunity to showcase the skills they have learnt. Parents are encouraged to attend the open classes as the children will be presented with a certificate.

Register your child for the At School Programme by completing an enrolment and indemnity form, which is obtainable at your child's school or at your local Little Cooks Club Franchise.

SKILLS YOUR CHILD WILL LEARN

- * **LANGUAGE SKILLS:** terminology, foods, equipment and following instructions
- * **TACTILE SKILLS:** the sense of touch is a very important sense to develop in children
- * **MATHEMATICAL SKILLS:** measuring, weighing and counting as well as colours, shapes, textures and art
- * **SCIENTIFIC SKILLS:** seeing how the properties of food change
- * **SOCIAL SKILLS:** teamwork which encourages self-esteem
- * **FINE MOTOR SKILLS:** cutting, mixing, mashing, separating, rolling and pouring.

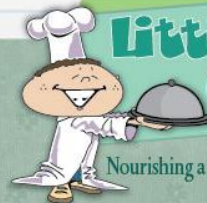


For more information about the Little Cooks Club At School Programme, contact

Christine on 083 556 3434 or at headoffice@littlecooksclub.co.za

www.littlecooksclub.co.za

Franchise opportunities available. Contact Christine at headoffice@littlecooksclub.co.za



Little Cooks
Club

Nourishing a love for food, body and earth